



EMBRACE CRETAN VILLAGE LIFE WHILE BEING
SURROUNDED BY INSPIRING PEOPLE TO
CONNECT AND GROW WITH.

NOMAD VILLAGE

03 - 30th of November 2023

Crete, Greece

RE/CONNECT - GROW - COMMUNITY

IS THIS YOU?

Would you love to experience village life in an authentic Cretan village, but not alone?

Do you want to be in an environment where people are kind and support each other?

Do you feel that you need a change of scenery and a place to recharge?

Do you feel like its the right time for you to work on your wellbeing, professional /personal growth/ career/ dreams/ passions?

Would you love to spend some time in Greece?

Would you love to learn from Cretan Traditions aswell as from an international group of professionals?

If you recognise yourself in one of these, or maybe even in all, then you are invited to join the AVNEA NOMAD VILLAGE in Crete as this will be the right place for you.



SOO, WHAT IS THE AVNEA VILLAGE ALL ABOUT?

Imagine yourself living in a Cretan village, surrounded by olive trees and mountains, together with a group of inspiring professionals.

Well, that's what it is. We'll co-live, co-work, and fully immerse ourselves in the richness of Greek culture and the charm of Mediterranean village life. Picture this: a curated group of +/- 30 passionate professionals, gathering for workshops, masterminds, and a whole array of experiences designed to nurture our personal growth and overall well-being.

Now, let's break it down:

We're going to form a vibrant community, each of us embracing village life. Some of us will share cozy houses, while others will have their own private studios or apartments. Our mornings will kick off with mindful activities, paving the way for us to dive into our individual projects. And those afternoons? Well, they'll be reserved for engaging workshops and insightful sessions that cater to our personal, spiritual, and professional growth. In the evening you can share a meal or experiences with the welcoming Cretan people and/or with your global community.

But hold on, it doesn't end there! Weekends are all about exploring the incredible island of Crete, indulging in Greek culinary secrets, and soaking in the beauty of nature.

In between all the magic, you'll find plenty of time just for you - a chance to unwind, recharge, and pour your heart into your passion projects. Let me be clear: this is no ordinary retreat or jam-packed trip. This is about truly living and breathing village life, while getting your work done.

DETAILS

WHERE

CENTRAL CRETE, GREECE

WHEN

03-30TH NOVEMBER, 2023

INVESTMENT

TICKET: €499,-
ROOM: BETWEEN €249,-
€1299,

The final price depends on your type of room and the duration of your stay in the NOMAD VILLAGE

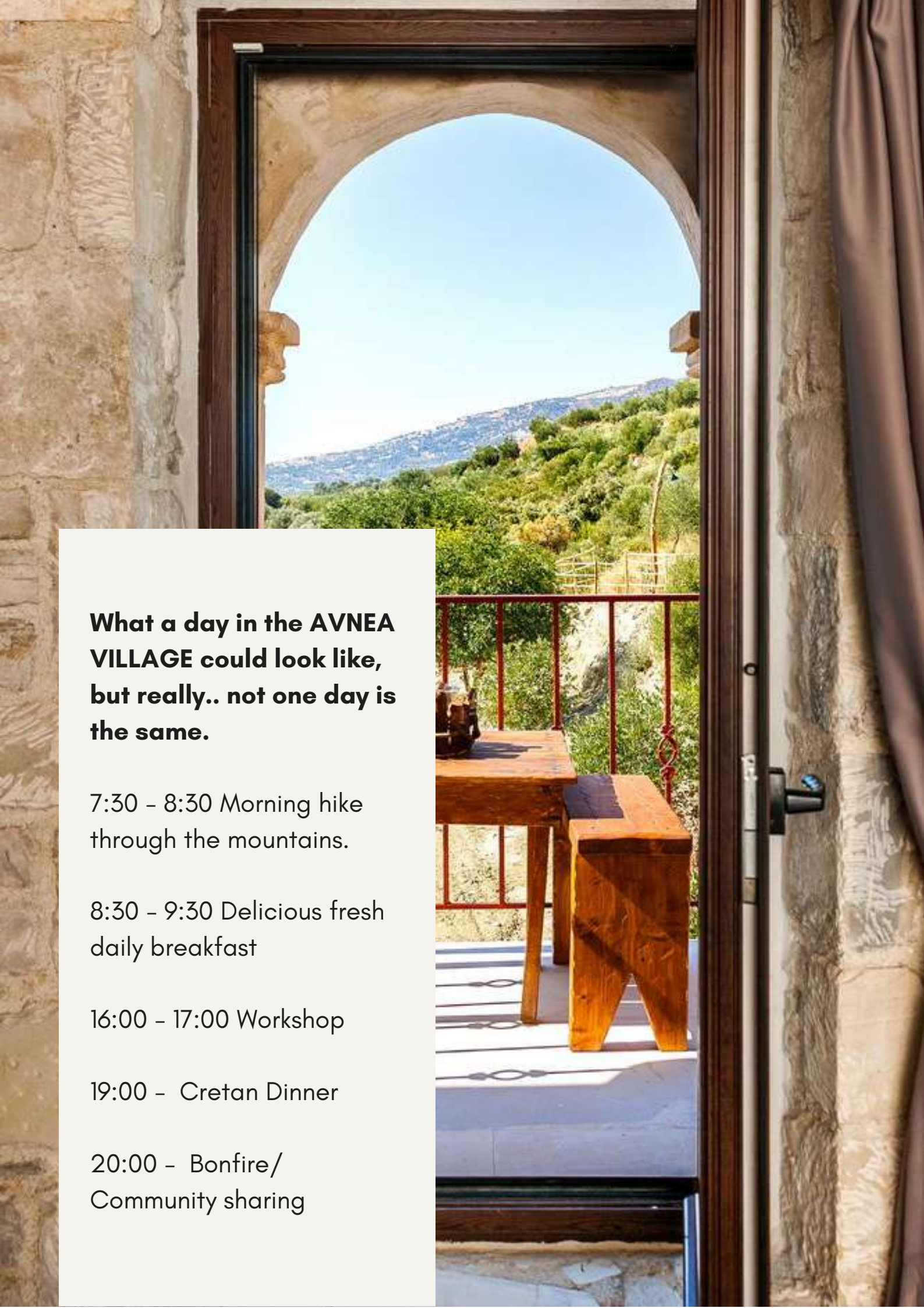
ACCOMODATION

We have teamed up with the villagers and will have several houses, appartments and a tiny hotel for our nomad tribe. Everyone will be staying in walking distance from each other.

WHO

+/- 30 inspiring remote professionals in an authentic Cretan village





What a day in the AVNEA VILLAGE could look like, but really.. not one day is the same.

7:30 - 8:30 Morning hike through the mountains.

8:30 - 9:30 Delicious fresh daily breakfast

16:00 - 17:00 Workshop

19:00 - Cretan Dinner

20:00 - Bonfire/
Community sharing

WHAT WILL YOU GET:

***A selected group of +/- 30 professionals,
a powerful program and an authentic experience.***

Unlimited tea, coffee, and water

Access to a co-working area

A surprise welcome excursion in the first weekend

A Powerful AVNEA program with:

Valuable workshops on: Personal Growth, Mental Health,
Business, Vision, Finding Your Purpose, and much more

Group coaching sessions

Skillshares

Mastermind

Yoga, guided hikes, workouts, surprise movement almost
every day

Inspiring Network (your network is your net worth)

Community events such as sharing circles

Facilitator: who's there to make everything run smooth
and support you where needed

Local Guide & Coach: We have one of Greece's best
coaches, who also grew up in the village.

Many surprises that will make you fall in love with Greek
culture

And much more that you'll need to experience yourself.

But most of all, a unique month

with a value of €2049,-

For only €499,-

WWW.AVNEA.COM

STEP 1: SCHEDULE A FREE DISCOVERY CALL

We will have a chat to get to know each other. It's important for us to get to know everyone who would like to join and create a beautiful curated group. In this call, we will also see which accommodation will suit you and your budget best

You can schedule a call by clicking on this button:

[Let's have a chat!](#)

STEP 2: BOOK THE EVENT TICKET

Make sure to also book your event ticket as we only have space for 30 people.

[Book here!](#)

STEP 3: GET REALLY EXCITED & START PREPARING

Once you have booked your ticket + your room type you can get super excited as you will be joining us for this unique experience in Greece.



THE CONCEPT & WHY

As entrepreneurs/freelancers/nomads/remote workers/creatives we have some flexibility to decide where we work from, this is an amazing opportunity to travel and explore the world while still working. We often choose places, cities and 'nomad hubs' where many others go so we can find community, (networking)events and all sorts of entertainment. But deep down, many of us would love to experience village life. There are so many villages that could really benefit from the visit of nomads, who have beautiful traditions, stories, crafts, culture and wisdom to share.

Authenticity

It's also a very authentic way of traveling as it's more as if you live somewhere instead of simply passing through. This will make you feel at home, give you the time to really experience and understand Greek (or Cretan) culture.

Independence

This is not a retreat or a completely filled program and therefore you can also shape the days how you like it. You can always join the community activities, but if you need to recharge, you do you.



CONTRIBUTE & CONNECT

Throughout your month at AVNEA village, there will be many opportunities to contribute to the village. We will organise opportunities to give English lessons, we will organize a day where we initiate helping clean the village by collecting plastic We will also organize the opportunity to help with the olive harvest. If you feel like giving back, giving some of your time to help others, then that's possible.

Skillshare:

We always ask our members if they want to share one of their skills with the rest of a group. If you feel the call you can host a 30 minute session/workshop on a skill you have. In this way we can all grow so much from our expertises and knowledge.



EXCURSIONS



Throughout our month within the AVNEA village we will organise several excursions for us to explore Crete, cretan culture, get our of our comfort zone and contribute to the village we are staying in.

Think about visitng beautiful places like Chania, going for big hikes through gorges, help farmers with the olive harvest, beach days.Local wine tasting.

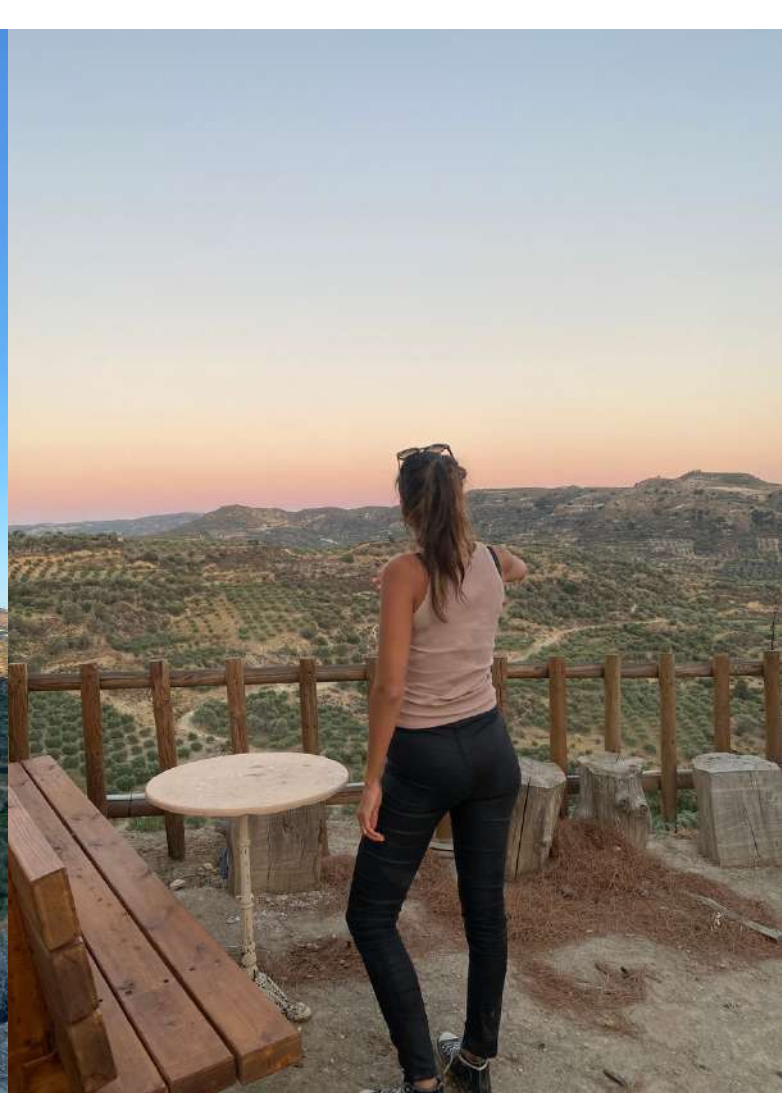
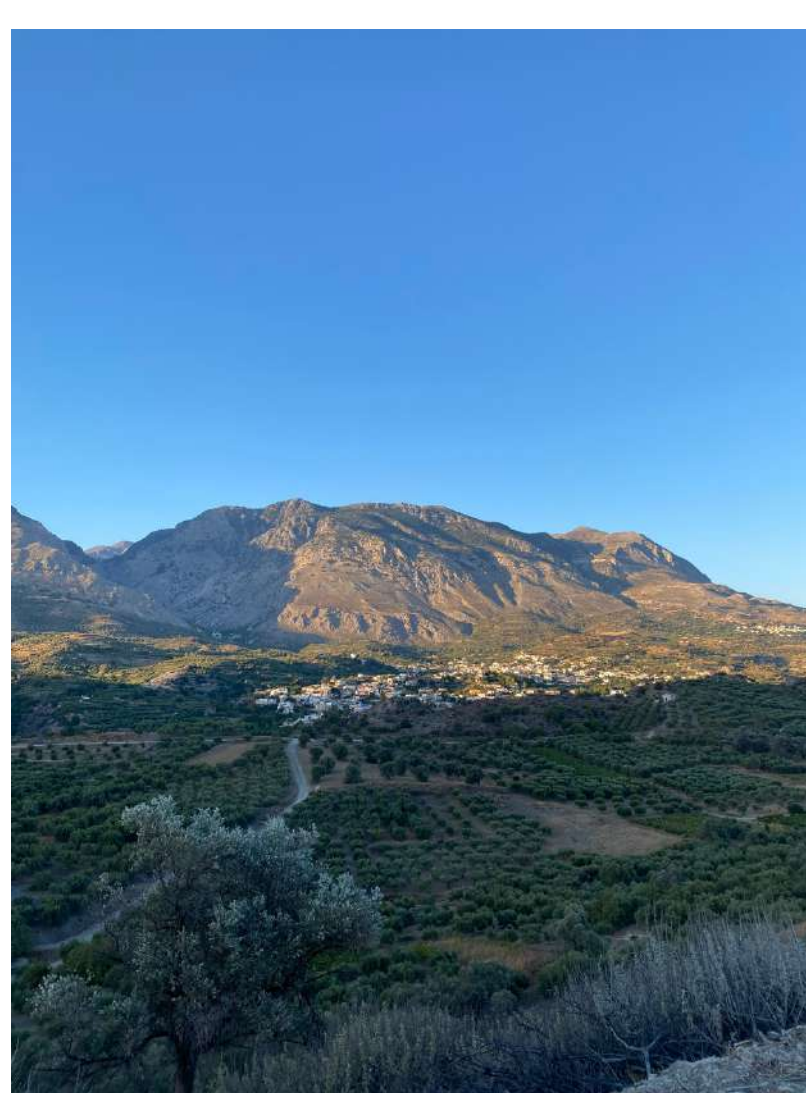
WHERE WE WILL STAY

We will be in a village on the foot of Psiloritis mountain. It's in the center of Crete and therefore very central to explore other parts of the island.

The village has a few supermarkets, shops, four cafe's, a pharmacy, a small dentist and a gas station. Within 15 minutes there is a smaller town which has everything we need.

The nearest Airport is Heraklion Airport, which is a 45 minute car drive away.

The nearest beach is a 30 minute drive away.



WHAT YOU NEED TO BOOK TO HAVE YOUR SPOT:

- Your ticket: which includes a mindful program, facilitated workshops and sessions and many community activities and surprises.
- Avnea Accommodation: Choose the accommodation that suits your needs and budget best.

EXTRAS YOU CAN BOOK TO MAKE YOUR EXPERIENCE EVEN MORE PLEASANT

- Airport Pick up from Heraklion Airport
- Fresh Daily, healthy breakfast, lunch and/or dinner buffet
- Excursions to make the most out of your time on the island

THINGS YOU WILL NEED TO TAKE CARE OF YOURSELF

- Your transportation to Crete
- Your health and travel insurance



Crete in November

It's very special to live on Crete in November and this is why:

- The summer tourism is over and therefore there is a calm and cozy atmosphere on the island
- It's the time of harvesting the olive trees
- The weather is pleasant. Winter hasn't arrived yet and days are perfect for hikes and outdoor activities.





AVNEA HUBS

We will have an AVNEA hub (a restaurant/cafe which will turn into our hub) Here, you can always come for a delicious meal, a chat with fellow nomad, cozy get togethers in the evenings or to do some work in a lively setting.

We will have a co-working/office space. Where you can work in silence with good internet.

We will have an AVNEA hotel with 15 rooms.

We will have three AVNEA studios/apartments which share a pool.

We will have one or two AVNEA houses, where you co-live, share a living room, bathroom(s) and kitchen with +/- 4 others nomads.



229 | 349

SHARED ROOM



499 | 699

PRIVATE ROOM



699 | 1099

PRIVATE STUDIO



AVNEA HOTEL

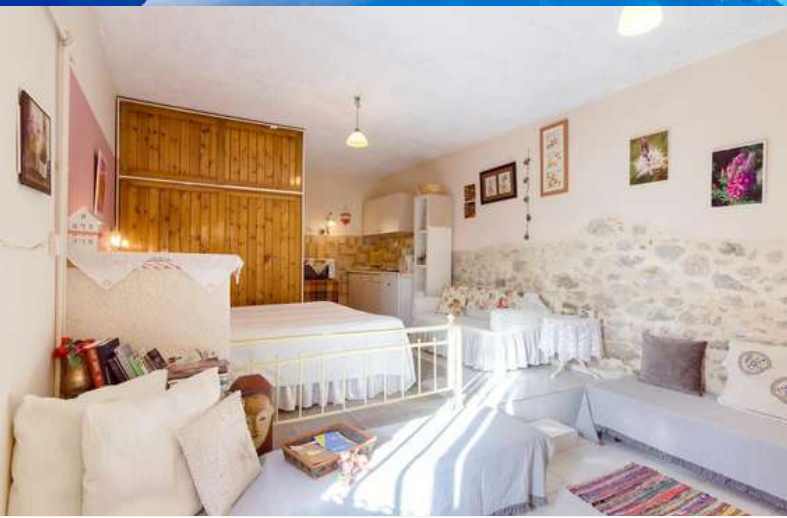
- ✓ Weekly cleaning
- ✓ Communal area for breakfast/ co-working
- ✓ WiFi
- ✓ Desk/table in the room to work from
- ✓ Private Balcony





AVNEA STUDIOS

- ✓ Weekly cleaning
- ✓ Kitchen
- ✓ WiFi
- ✓ Shared Swimming Pool
- ✓ Private terrace





AVNEA HOUSE

- ✔ Weekly cleaning
- ✔ Shared Kitchen
- ✔ Free WiFi
- ✔ Shared Living room
- ✔ Shared Garden



Meet your hosts/ facilitators

Lotus Vrijma

Hey! I'm Lotus, Entrepreneur, mentor and facilitator from the Netherlands. I can't wait to welcome you at AVNEA VILLAGE. I'm very passionate about travel, nomadism, community, conscious living and connecting people. I've put my heart and soul into this project and can't wait to share it with you.



Giorgos Laskaridis

Hey! I'm George, a business and life coach/ strategist from Greece. I love helping people towards a more fulfilling life. I'm excited to share the village I grew up in with inspiring people. I'll be facilitating group coaching sessions and to show you the hospitality of the Cretan people.



FREQUENTLY ASKED QUESTIONS

HOW'S THE INTERNET?

The internet is fine in the village. You'll be able to do standard work. If you need extremely good internet, we are currently waiting for our STARLINK to arrive and there will be a co-working area to work from. On top of that you can always have your local simcard as an extra back up.

I REALLY WANT TO JOIN BUT I CANT MAKE IT ON THE ARRIVAL DAY, IS THAT A PROBLEM?

For the group feeling it is important to all get to know each other. But we also understand that with travel schedules it can be difficult to arrive exactly on the 3rd. You can contact me about this and we can figure something out.

I WONT BE WORKING FULLTIME IS THAT A PROBLEM?

No, that's not a problem at all. This concept is a nomad village where you decide how you spend your day. When there are group activities this will We have people working fulltime/ part-time and people who are taking time off to work on a creative or passion project. It's up to you. As long as you use this experience to work also on something. Working on personal growth, mindful living or figuring out your next steps in life are definitely valid too, but if you do that 1 or 8 hours a day is your call..

FREQUENTLY ASKED QUESTIONS

IS THERE A SUPERMARKET?

Yes, the village has a few small supermarkets for daily needs. A 15 minute drive away there is a big LIDL anything else you will need. We as facilitators will have a car and go to the town for groceries every week.

DO I NEED TO RENT A CAR?

You don't need to rent a car for the activities in the village, you can walk around, but a car will give you so much more freedom and flexibility to explore Crete on your own terms.

If you have any questions, don't hesitate to ask:
lotus@avnea.com

PREVIOUS PROGRAMS







